

# SPEAKER PACKET

DR. ERIC BLOCK  
DMD, CAGS, FICOI, FICD, FAADS, FIADFE

THE STRESS-FREE  
**DENTIST**



# STORY

"A few years ago, I was in a very dark place. I was questioning my place in the profession. I had major imposter syndrome, anxiety, regret, and physical pain.

"However, I took action and made changes and I was able to get back to enjoying going to work every day, and you can, too."



# BIO



- Husband and father of two kids
- Full-time practicing dentist
- Owner of Acton Dental Associates [www.ActonDental.com](http://www.ActonDental.com)
- Nova Southeastern College of Dental Medicine, DMD, 1998-2002
- Boston University Certificate in Advanced Graduate Studies in Implantology, CAGS, 2002-2004.

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- Former Chairman of the Mass Dental Society Health and Wellness Committee
  - Wellness Ambassador to the American Dental Association
  - Fellow of the International Congress of Oral Implantologists
  - Fellow International College of Dentists
  - Fellow The American Academy of Dental Sciences
  - Fellow International Academy of Dental Facial Esthetics

**Featured In:** ADA, Inside Dentistry, AGD Dental Impact, Dentistry Today, Implant Dentistry, Dental Economics, Ilovedentistry FB Group, Yankee Dental Congress, Greater New York Dental Meeting, Florida Dental Association, Tufts University, Massachusetts Dental Society, Dental Product Shopper, and Dental Products Report etc.

# SPEAKING SUBJECTS

- **Going Out of Network:** Strategies to reduce insurance dependence
- **Game Changers:** clinical techniques and workflows to become more efficient, productive, and less stressed.
- **Stress-Free Dental Implants:** surgical, restorative, and practice management tips to successfully add dental implants to your practice.
- **Next Level Dentistry:** re-energize your practice and career by reducing insurance, adding new technology and treatment modalities such as CBCT, artificial intelligence, Intra-oral Scanners, 3D printing, same-day crown milling machines, etc.
- **Practice management:** reducing insurance dependence, patient retention, systems, and treatment plan acceptance. How to run an efficient day with hygiene, assistants, and admin teams.
- **Health and wellness:** Overcoming stress and burnout.
- **Marketing:** Internal and external marketing, online Reviews, in-house membership plans, etc.



Dr. Block is certified by the American Association of Dental Boards for continuing education.

# THE STRESS-FREE DENTIST PODCAST



10K+ MONTHLY DOWNLOADS  
INTERVIEWING LEADERS IN THE DENTAL PROFESSION

# LIFE COACHING ORGANIZATION

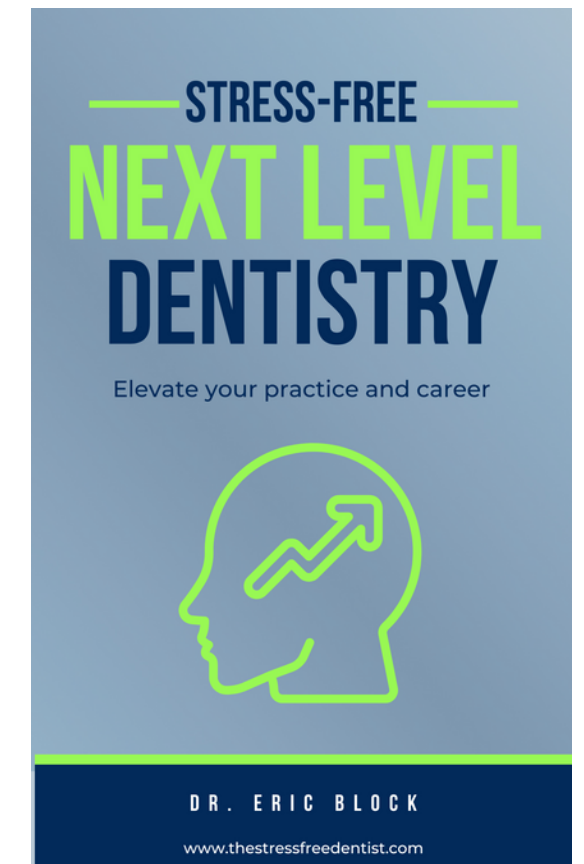
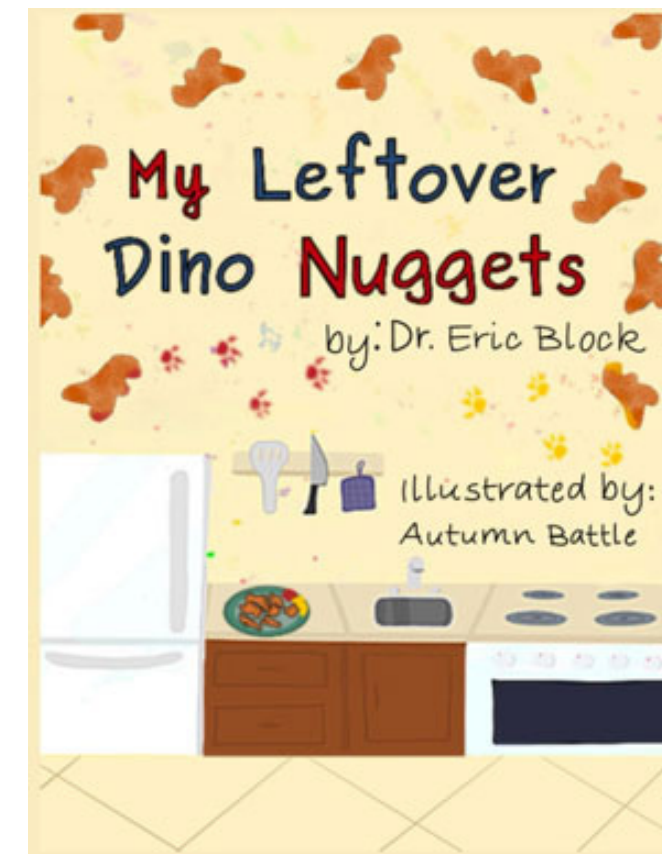


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**DENTAL LIFE COACHES**

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# BOOKS



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# INVESTOR & ADVISOR

- Focusing on startups at the forefront of dental innovation.
- Advising early-phase companies serving dentists.
- Key Opinion Leader providing genuine testimony and feedback.





# CONTACT

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